



**Treetops**  
Hospice

# We're here for you

Turn to Treetops when you need end-of-life care, advice, support and help coping with a bereavement.

We're here for everyone living in the areas we serve in Derbyshire and Nottinghamshire.

[treetops.org.uk](http://treetops.org.uk)





# We're here, just ask

## Life-changing diagnosis?

We're here for you, from the beginning. We'll spend time with you to really listen.

We'll also bring you together with others who are in a similar position.

We'll help you make every day count and we'll support you in preparing for your time ahead.

Your physical, emotional, spiritual and social needs are important. Activities like discussions, exercise classes, therapy sessions and spiritual conversations are so beneficial for your wellbeing.

If you're lonely and isolated, our caring volunteers can offer companionship.

## Lots of questions about the future?

We hold regular wellbeing cafés and drop-ins both at the hospice in Risley and in the community.

At these, you can talk to us about the support and information you need.

This can be anything from conditions, symptoms and medications, to benefits, finances, Wills and your rights.

## As life is coming to an end

Our nurses will be there for you, at your own bedside.

We'll provide reassurance and professional care and make sure you're comfortable, so you and your loved ones can spend quality time together.

Give us a call on **[0115 949 1264](tel:0115 949 1264)**  
or email **[hello@treetops.org.uk](mailto:hello@treetops.org.uk)**

Find out more about us at  
**[treetops.org.uk](http://treetops.org.uk)** or follow us on  
**[social media](#)**



## **Struggling with bereavement?**


The death of a loved one, especially if it's been sudden or unexpected, is hard to cope with.

Our team of counsellors and complementary therapists are here to help adults, young people and children. Even if your loved one wasn't cared for by Treetops.



**Never feel nervous about getting in touch and asking a question – we're local people supporting local people.**

**You can reach out to Treetops at any time and we'll help you or guide you to other help.**



**“Treetops  
was the  
light when  
everything  
else was out  
of control”**

## **We need a little help too**

**Charity begins  
at home, so let's  
make every day  
count for local  
people**

[0115 949 1264](tel:01159491264)

[hello@treetops.org.uk](mailto:hello@treetops.org.uk)

[treetops.org.uk](https://treetops.org.uk)

Since 1983, we've been at the heart of our community, helping many thousands of local people and their families through the most difficult time of their lives. However, we need a little help too.

Our caring and dedicated team of compassionate nurses and end-of-life care professionals are working day and night for the people in our community. We're so proud of the 34,000 hours of care they give each and every year.

We need to raise 70% of care costs through fundraising, our charity shops, lottery memberships and gifts in Wills.

We can't do this without our amazing supporters and we're grateful for every single penny, hour, legacy or bag of clothes you donate.

If you can support Treetops, please talk to us on [0115 949 1264](tel:01159491264) or email [fundraising@treetops.org.uk](mailto:fundraising@treetops.org.uk)

More information on how to support can be found at [treetops.org.uk/support](https://treetops.org.uk/support)

Treetops Hospice Trust, Derby Road,  
Risley, Derbyshire, DE72 3SS  
Registered Charity Number 519540

