Men's Shed Volunteer Role Description

29/09/2026

Role Title:	**Men's Shed Volunteer** **Version 1.0**
Role Location:	Treetops Hospice, Derby Road, Risley, DE72 3SS
Commitment:	Friday morning 9am – 12, the group runs 9.30-11.30 and volunteers need to arrive 30 minutes before & after to help set up & tidy up after. You can give us as much or a little time as you can, most people give us ½ day a week or a fortnight.
Responsible to:	Julie Waite, Community Inreach Lead

Volunteering for Treetops - Purpose of the Role

- To support the smooth running of Men's Shed sessions and help create a welcoming, safe and supportive environment where participants can build connections, enjoy meaningful activities and experience a sense of belonging.
- The Treetops Men's Shed is a welcoming and inclusive community for men living with a life-limiting illness, male carers and bereaved men.
- Through shared activities, interests and experiences, the Men's Shed aims to create opportunities for friendship, connection, purpose and wellbeing.
- As a Men's Shed Volunteer, you will play an important role in helping participants feel welcomed, valued and included.

Activities May Include

- Gardening and nature-based projects
- Walks, wellbeing and outdoor activities
- Creative activities such as photography and painting
- Wildlife, conservation and community projects
- Guest speakers, social events and seasonal activities

Many activities take place within the Treetops Hospice grounds and outdoor spaces. Volunteers are not expected to be experts in any of these activities. The most important role is helping participants feel welcome, included and connected.

Important Information

Some participants may be living with a terminal diagnosis, caring for someone with a life-limiting illness or adjusting to bereavement.

Volunteers are not expected to provide counselling or advice. The role is focused on creating opportunities for connection, participation and belonging.

*Many Men's Shed activities take place within the Treetops Hospice grounds, making use of our outdoor spaces and natural environment to support wellbeing, connection and meaningful activity****. Volunteers should be comfortable spending time outdoors and supporting activities in a range of weather conditions.***

Treetops Hospice is committed to creating a safe, inclusive and welcoming environment for everyone. Volunteers are expected to maintain appropriate confidentiality, follow relevant policies and procedures, and report any concerns to the session lead.

Training, guidance and ongoing support will be provided to help volunteers feel confident and successful in their role.

Some aspects of this role can be emotionally demanding. If you have any health needs or require adjustments, please let us know — we're here to support you.

Skills and Qualities We Value

- Teamwork – able to collaborate and share responsibilities
- Reliability – punctual, consistent, honest and dependable
- Emotional awareness – able to support others with compassion and without judgment in an empathic manner.
- Adaptability – open to change and responsive to diverse needs
- Person-centred thinking – respectful of individual experiences and preferences
- Awareness of personal limitations – speak to the group lead or manager
- Communication skills – clear speaking, active listening, and empathy
- Self-reflection – willing to learn and grow through feedback and experience

How could volunteering benefit me?

- The chance to develop new skills, knowledge and experiences to add to your CV
- Build your self confidence
- Improve your communication skills
- Being part of a team
- The opportunity to 'give something back' and support your local community
- Personal satisfaction.

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