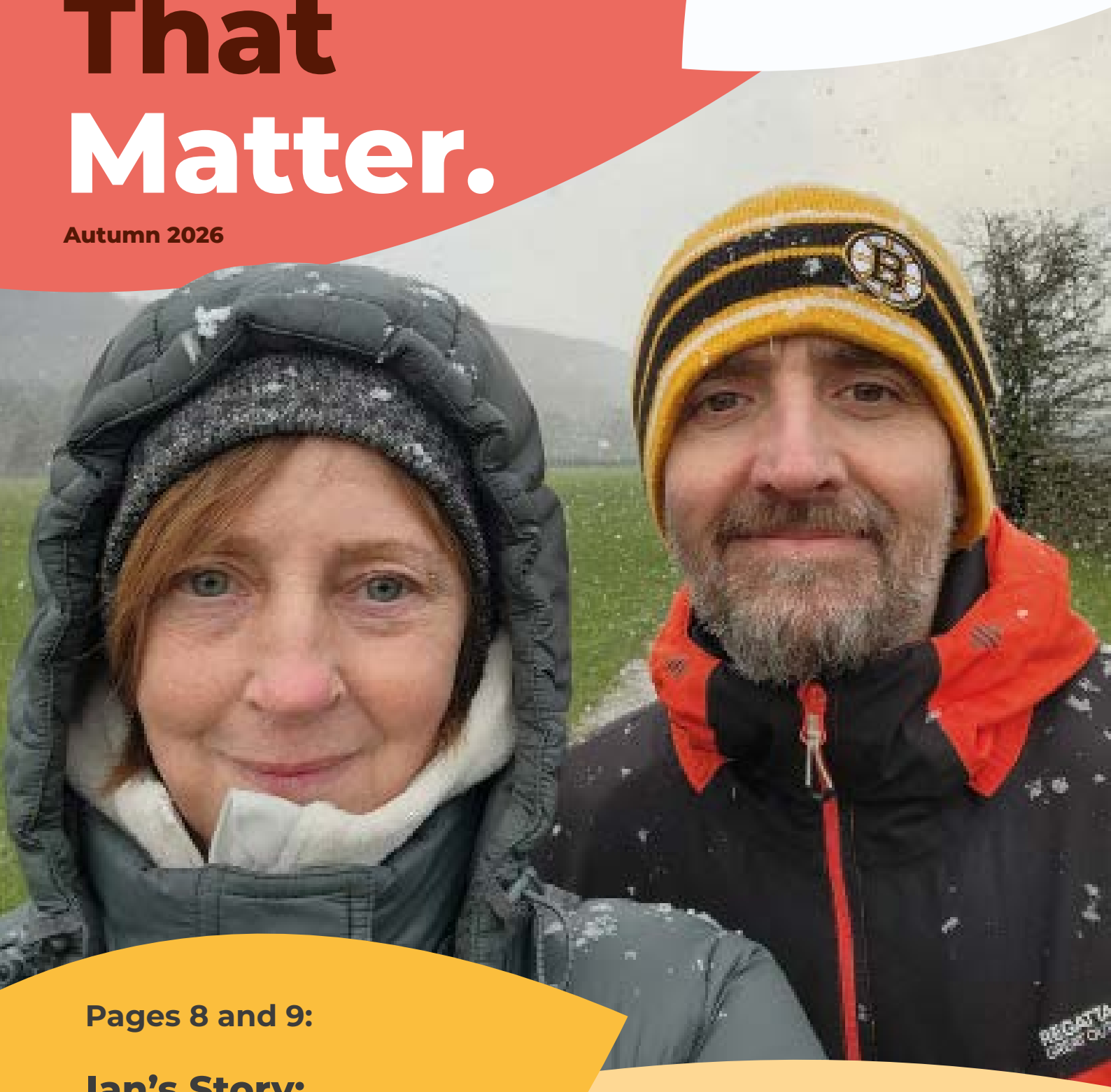
Moments That Matter.

Treetops Hospice

Autumn 2026



Pages 8 and 9:

Ian's Story: "They made me feel like I wasn't facing things alone"

Discover the latest stories, news, events and ways to support local families

The Importance of Regular Giving: Steve's Story

"When Treetops came, it was such a relief. Just having someone there who we knew could give him medication if he needed it and also give us a bit of a break for a moment."

When Steve, from Allestree was diagnosed with pancreatic cancer, his wife Maria and daughters, Amy and Becky, were devastated to learn his condition was terminal. Just four weeks later, as Steve's health rapidly deteriorated, our Hospice at Home nurses stepped in to care for him where he wanted to be most – at home with the people he loved.

Married to Maria for almost 45 years, Steve was a devoted husband, dad and grandad to Bella, Harry, Grace and Archie, remembered by his family as funny, caring and always young at heart.

As his illness progressed, his biggest concern remained his wife Maria, who lives with rheumatoid arthritis and uses a wheelchair. Steve was clear that he didn't want to be in hospital.
Becky said: "He wanted to be at home with Mum." Amy added: "It was also really important for him to be in his own environment."

Determined to honour his wishes, Amy, Becky and Steve's son-in-law Ric worked together to care for him and make sure he was never alone. In Steve's final days, our Hospice at Home nurses stepped in to provide expert care and reassurance, helping the family feel supported and confident in caring for him.

After Steve's death, Amy and Becky both accessed bereavement counselling through Treetops.

Amy explained: "My counsellor gave me some invaluable techniques for coping with my grief and helped me understand what to do when things felt overwhelming."
The counselling also encouraged Amy to reconnect with singing, a lifelong passion that helped her rebuild her confidence. Inspired by the support they received, both sisters have since sung at Treetops events.

Looking back, Amy and Becky say the support they received helped them through some of the toughest moments of their lives.

> **"Treetops didn't just support Dad, they supported all of us," said Amy. "The nurses gave us reassurance and the counselling afterwards helped us find ways to cope with our grief and move forward. We will always be grateful for that."**

Thanks to our regular givers, we're able to provide compassionate end-of-life care and ongoing bereavement support for families like Amy and Becky's, helping them make the most of precious time together and supporting them after the death of a loved one.

Regular monthly donations enable us to provide vital care, offer bereavement support and be there for families before, during and after the death of a loved one. They also provide a reliable source of income to help us plan ahead, sustain our services and continue supporting families like Amy and Becky's at every stage of their journey.

To start a monthly gift of any amount, visit:

treetops.org.uk/donate

Dedicate a Light in Memory of a Loved One

When you make a donation, a light will shine on our remembrance tree in memory of someone special.

As the nights draw in and the winter months begin, memories of the people we love can feel especially close. A familiar light in the darkness can bring comfort, reflection and a quiet reminder that those special to us continue to shine brightly in our lives.

Each year, hundreds of people take a moment to remember someone special by dedicating a light on the Treetops Light Up a Life tree. Every light represents a treasured memory and serves as a lasting tribute, bringing comfort and hope during the festive season. helping to fund the vital end-of-life and palliative care we provide across central Derby and southern Derbyshire.

Our annual Light Up a Life event takes place at the hospice on Sunday 6 December 2026 (4pm) and you're invited.

For the first time, the event will take place in our gardens, with the large Lime Tree being lit up as a spectacular feature. The day will also give you the opportunity to hear reflective readings, sing carols and take a moment to pause and reflect, as you remember your loved ones.

Emma is taking part in Treetops' Light up a Life event in memory of her dad, Neil, who died from bowel cancer in 2022. Neil was a much-loved husband, dad and friend, known for his kindness, hard work and love of planes, trains, cars and "anything with an engine". He touched the lives of many people, as Emma explains, "you only had to mention his name and everyone knew who he was."

> **In Neil's final days, our Hospice at Home nurses provided overnight care, giving Emma, her mum and younger brother precious time to rest, knowing he was being cared for with compassion and dignity. Following his death, we continued to support Emma and her mum with counselling and complementary therapies, helping them process their grief and find a way forward.**

For Emma, Light up a Life is a special way to honour her dad and celebrate the impact he had on those around him. She says: "My Dad was such a light in my life that it's nice that other people can see how brightly he shone in a physical way at the event." She also looks forward to seeing his name in the Light up a Life Book of Remembrance, ensuring his legacy continues to shine.

By joining Emma and dedicating a light in memory, you can celebrate the people you love, reflect on treasured memories and help us to continue to provide all-important care and support to local families.

Last year, Light Up a Life donations helped Treetops provide vital nursing, bereavement and emotional support to local patients and families when they needed it most.

**We hope you'll join us.
Book your free tickets today:
treetops.org.uk/LUAL**

Treetops' Strategy in Progress: A Message from our CEO

We're approaching the five-month mark since launching our new three-year strategy in April, and I'm pleased to share some of the early progress we're making.

At the heart of our strategy is a commitment to extending the care and support that Treetops provides to patients and families. Every team across the organisation is playing an important role in helping us achieve that goal.

One significant milestone has been the introduction of our new clinical leadership structure, which is helping us build for the future. As a result, we're now close to extending the operating hours of our Roaming Nurse service, providing support from 10pm through to 12 noon the following day. We're also recruiting additional nursing and healthcare colleagues to strengthen the team. Looking ahead, our focus will then turn to enhancing our wellbeing services, with plans to refresh and develop that offer in 2027. Those who've visited the hospice recently may have noticed our new Men in Sheds project taking shape outside the main building. Funded by the Screwfix Foundation, this initiative will expand our Bereavement Hubs programme by creating a space where bereaved men can work on practical projects together while also finding opportunities to talk, connect and support one another through grief.

We're also developing new work with Derby's homeless community. Led by our Education Team and supported by funding from the Masonic Charitable Foundation, this project will help us reach and support people who may otherwise struggle to access end-of-life and bereavement support.

Funding from organisations such as the Screwfix Foundation and Masonic Foundation is vital. It enables us to launch new initiatives, reach more people and develop services using funding streams beyond our traditional income sources, helping to strengthen Treetops' long-term sustainability.

Another exciting development is our ambition to become recognised as the UK's leading hospice provider without an inpatient unit. As part of this, we're hosting the first national conference for hospices that operate without bedded services. Taking place on 1 October, the event will bring together representatives from 13 hospices from across the country to share learning and best practice.

> **Finally, I'm pleased to report that the first four months of our financial year have been encouraging. While we're currently operating at a deficit, it is significantly lower than originally budgeted. This has been supported by strong legacy income, successful fundraising events and our continued work to open up Treetops to more community groups and partners.**

Thank you for being part of this journey. Our strategy is designed to deliver meaningful change over three years, and it's encouraging to see such positive progress in these early stages. As the saying goes, we're running a marathon, not a sprint, and we're grateful to have your support every step of the way.

John Knight
Chief Executive

Welcoming our NEW Treetops Hospice Ambassadors

As part of our ongoing efforts to raise awareness of Treetops and spread the word about the support we provide, we're delighted to welcome two new ambassadors. By generously volunteering their time and expertise, they'll help us connect with new communities, amplify our message and support our mission to reach as many local people as possible who may need our care.

Meet Freya Tarbit

Freya is a Team GB skeleton bobsled athlete and Junior World Championship bronze medallist, securing her podium finish in 2023. Originally from Ockbrook, Derbyshire, Freya grew up just a few miles from Treetops and was keen to support a local cause that makes a difference to people in her community.

> **"The work Treetops does is absolutely incredible and they help so many people. I'm incredibly proud to be joining the team and excited to see the difference we can make together."**

As an ambassador, Freya will use her experience to support the young people we work with through resilience workshops, while also helping to raise awareness of Treetops among audiences who may be less familiar with our services. We're thrilled to welcome her to Team Treetops.

Meet Preethi Kang

In her day job, Preethi is Commercial Manager at local business growth company Qinesis, offering her extensive experience in brand building, relationship management and driving meaningful growth. Her expertise and local network will be invaluable as we continue working to reach more people across our communities, and we're delighted to have her on board as an ambassador.

> **"Being from the local area and having such a strong connection to the charity, I feel passionately that many more people still need to know about Treetops. Everyone should understand the impact they have, not only on the patients and families they support, but also across the wider community and the countless lives they touch."**

Preethi said: "I'm so proud to be an ambassador for Treetops Hospice. My dad, Cham Kang, is a board member here at Treetops, so I've grown up in and around the charity, and have seen first-hand the amazing work they do."

Events Calendar

Derby 10 Mile:
Sunday 15 November 2026

Take on 10 unforgettable miles through Derby, starting and finishing at Derby Arena, while raising vital funds for Treetops.

Light up a Life:
Sunday 6 December 2026

Remember a loved one at our annual Light up a Life event. Taking place in the hospice grounds, this is the perfect event to begin the festive season.

Remy's Reindeer Dash:
Throughout December 2026

Schools, clubs and community groups are invited to put on their antlers and get moving in any way they want, whilst raising funds for Treetops. The perfect festive fun for our youngest supporters.

Santas on a Bike:
Saturday 19 December 2026

Put your pedal power to the test and don your Santa suits in our festive bike ride, which will take you on a scenic ride around Erewash and beyond, before heading back to the hospice for mince pies and refreshments.

Treecycling:
Wednesday 6 - Friday 8 January 2027

Let Treetops collect and recycle your Christmas tree. Simply book online, leave your tree outside on collection day, and we'll do the rest. Your donation will help local patients and families receive vital hospice care.

Derby 10K:
Sunday 28 February 2027

Join thousands of runners on Derby's flat, fast and traffic-free route. Whether you're aiming for a personal best or taking on your first 10K, every mile will help support local hospice care.

Easter Egg Hunt:
Saturday 27 March 2027

Hop around our gardens, follow the clues and complete a fun family scavenger hunt to earn an Easter egg.

London Landmarks Half Marathon:
Sunday 4 April 2027

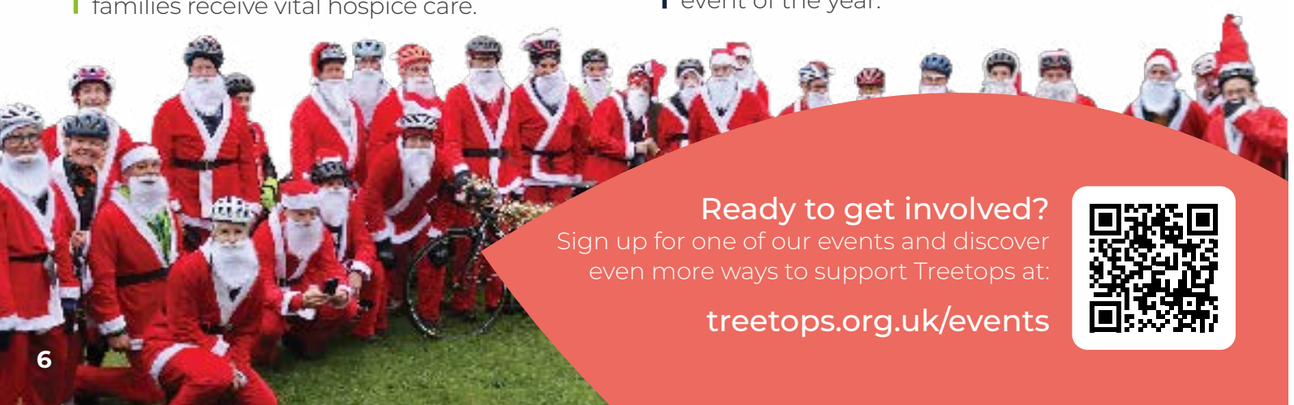
Take on London's only half marathon through Westminster and the City, see the sights and raise money for Treetops with every step.

London Marathon:
Saturday 24 April & Sunday 25 April 2027

Be part of a historic one-off double event as 100,000 runners take on the iconic 26.2-mile route across two unforgettable days. Secure a Treetops charity place and make every mile count.

Moonlight Walk 2027:
Date TBC

After the success of the 2026 Moonlight Walk, it'll be returning in 2027, bigger and brighter. Get your friends and family together and join us for our biggest fundraising event of the year.



Ready to get involved?
Sign up for one of our events and discover even more ways to support Treetops at:

treetops.org.uk/events

Adapting Hospice Care for the Future

Palliative and end-of-life care is changing, both nationally and here in Derbyshire.

Philippa Shreeve
Director of Clinical Services

Across England, health and care services are being asked to support more people closer to home, make better use of digital tools, focus on prevention and wellbeing, and reduce avoidable hospital admissions. For people approaching the end of life, this direction matters because most people want to remain at home, with the right care wrapped around them.

In Derbyshire, local information shows why this shift is so important. Although many people say they would prefer to die at home, a much smaller proportion currently do so. Hospital care remains a significant part of many people's final months, with high levels of A&E attendance, emergency admissions and use of NHS 111 in the last two years of life. These figures are not just statistics. They represent people, families and carers navigating one of life's most difficult experiences and needing timely support, reassurance and expert clinical care when circumstances change quickly.

The challenges are significant. More people are living longer with complex illnesses, care needs can change rapidly, and families often need help outside traditional working hours. There are also inequalities in experience, with people from more deprived communities more likely to die in hospital. At the same time, health and care services are working within real workforce and financial pressures. This means palliative and end-of-life care cannot stand still. Services need to be responsive, well connected and able to reach people earlier, before a crisis develops.

Hospices such as Treetops have a vital role to play in meeting these challenges. We bring specialist expertise in symptom control, psychological and emotional support, advanced care planning, bereavement support and practical care for families. We work closely with NHS, social care and community partners to ensure people receive the right support wherever they are, whether at home, in a care home, in a community setting or elsewhere. By working together, we can provide care that is personal, timely and centred on what matters most to each individual.

We'll continue to adapt and innovate. This includes developing more flexible community-based services, responding quickly at points of urgent need, strengthening connections with local healthcare teams, using data to better understand where support is needed most, and ensuring our services reach people who may not traditionally access hospice care. Innovation is not about moving away from the compassionate values that define hospice care. It is about finding new ways to deliver those values in a changing world and ensuring more people can receive expert care, comfort and dignity in the place they call home.

None of this would be possible without the generosity of our supporters. As the needs of our community continue to evolve, your support helps us develop new services, reach more families and ensure compassionate care is available when it matters most.

Ian's Story

"Treetops made me feel like I wasn't facing things alone"

When Ian's partner, Joanne, was diagnosed with ovarian cancer in late 2023, life changed suddenly. Yet even in the shock of it all, Jo approached her illness with the same clear-headed determination that shaped so much of who she was. She liked to understand things, to prepare and make thoughtful decisions about her own care.

"Jo always liked to know what was happening. Planning ahead helped her feel in control, so she wanted to understand her options and put things in place."

Jo grew up in Kent, loved animals, was a lifelong fan of Formula 1 and adored VW Beetles. Katie, the family's VW Beetle 1303, became her and her sister's first car, and years later she was determined to find the same model again. With Ian's help, she did.

She loved rock and metal music, made silver jewellery, crocheted and could turn her hand to almost any craft.

Jo and Ian met at university in Salford in the late 90s while studying graphic design. They were part of a lively group of friends who have stayed close ever since. After years of weekend

trips to the Peak District from Nottingham, where they had ended up working, they achieved their dream of moving there permanently in 2016.

> **"Our favourite thing was being in the Peaks," Ian said. "Just simple things like walking the dogs, being outdoors... that was our life."**

Sadly, when Jo's cancer returned after surgery and chemotherapy, she made the difficult decision to stop further treatment. Ian said: "One day she just said, 'I've had enough,' and her sister Lisa and I understood and supported her completely."

As her illness progressed, Jo spent some time on the Macmillan Ward in Derby, where staff created a peaceful, reassuring environment.

But ultimately, she wanted to be at home. Within days, equipment and support were arranged so she could rest comfortably in familiar surroundings.

One evening at home, Jo experienced a frightening episode of breathlessness that left Ian unsure what to do.

Ian remembered the district nurses who supported them had suggested calling Treetops during evenings. From that first call, we stepped in to offer expert care and vital reassurance during Jo's final weeks.

> **"The Treetops nurse on the phone was so calm. She talked me through things and said they'd come over as soon as they possibly could."**

When our Hospice at Home nurses arrived, the atmosphere shifted immediately. "They had this steady, reassuring presence. They made Jo feel more comfortable and they made me feel like I wasn't facing things alone."

From that point on, our nurses returned regularly for night shifts over the next few days, offering the compassionate clinical support that allowed Jo to stay at home – something she was absolutely clear she wanted. We were there to offer our expertise and sensitivity, adapting to whatever Jo and the family needed.

"They could chat about everyday things whilst caring for Jo, or they could quietly fade into the background," Ian said. "They always knew what we needed and were able to read the room."

Some nights, our roaming nurses arrived and cared for Jo so quietly and efficiently that Ian and Lisa didn't even realise they had been. "It meant we could rest and catch up on some sleep, which made such a difference. They were warm, friendly, respectful and felt more like friends dropping in to help."

Among Ian's most treasured memories with Jo are the times they spent in the Lake District. After her diagnosis, they made the bold decision to buy a lodge there.

Ian said: "We spent the first week or so thinking, 'What have we done?', but it turned out to be one of the best things we ever did." The lodge became their hideaway.

"When things got too much, and whenever we wanted, we could escape there – Jo even went wild swimming in the lake, which she loved."

In the final days of Jo's life, she remained at home, surrounded by the people and pets she loved most, made possible by her family and the community-based care around her.

Every family's journey is unique, but stories like Ian and Jo's remind us how important it is for people to have choice at the end of life.

The support we provide is only possible because of our generous supporters. By helping fund Hospice at Home nursing care, counselling and bereavement services for adults and children, life-limiting illness support groups and more, you're helping families find comfort, guidance and care.

Thanks to out lottery players, we're able to provide care to families like Ian's.

Play the Treetops Lottery for £2 a week and help us be here for more families.

treetops.org.uk/lottery

Lottery

Leave a Lasting Legacy of Care

Making a Will is one of the best things you can do for your family. It also gives you peace of mind that your wishes will be carried out after you're gone. But we know that taking those first steps into making a Will can be difficult.

Whether you're thinking about your Will for the first time, or you're looking to update your existing Will, we can help.

Did you know that two in five of our Hospice at Home patients are cared for because of gifts in Wills? By remembering Treetops in your Will, you can help ensure local families continue to receive compassionate care when they need it most.

To request your free Wills Checklist or local solicitor list, visit treetops.org.uk/wills or call 0115 773 7520 today.

When it comes to writing your Will, leaving a gift to Treetops in yours is a great way to support us in the future, without it costing you a penny today.

Wills Checklist:

Our downloadable Wills Checklist has been designed with everyone in mind. It will help you consider who relies on you and how you can continue to provide for them after you're gone. It also offers prompt questions to get you thinking about other things for your Will, such as your social media accounts, your pets and any charities you may want to support in your Will.

Solicitor List:

Unsure which solicitors to use for your Will? Whilst we can't recommend a solicitor, we do have a list of local solicitors who are experts in the field, and offer a discounted (and in some cases free) Will writing service for Treetops supporters.

FREE online Will writing:

We're proud to work in partnership with Make a Will Online which means we can offer you a FREE solicitor-checked Will online, which can be done from the comfort of your own home, in three simple steps:

Answer a set of questions. Review, and complete your Will, when you're 100% happy. Have your Will checked by a solicitor before receiving the final version by post or email.

This service is completely FREE for you, with Treetops covering the costs for each Will made via the site; however if you'd like to cover the costs yourself, there is the option to do so.

Make your Will online today for FREE, by scanning the QR Code

Coping With Loss at Christmas

A Message from Jules Kirk, Head of Therapeutic Services at Treetops

As we move into the festive season, I'm always reminded how powerfully this time of year can stir emotions for anyone who is grieving. Christmas has a way of amplifying what we feel – the joy around us, the pressure to "be festive" and often, the absence of someone we love. If you're finding things harder around this time, please know that this is a completely natural response.

Grief doesn't follow a straight line. Some years feel gentler, others are unexpectedly painful. What matters most is giving yourself permission to feel whatever arises, without judgement.

Jules Kirk
Head of Therapeutic Services

Be Kind to Yourself

Try to keep your plans manageable and allow space for quiet moments if you need them. You don't have to put on a brave face for others. If you're spending Christmas alone, reaching out, even briefly to someone you trust, can help ease feelings of isolation.

Traditions and Memories

You may find that certain traditions feel too difficult this year, and it's perfectly okay to change them or let them go. You might choose to share a tradition with someone else or create a new one that feels more comforting. Talking about memories can bring warmth and small gestures like lighting a candle, raising a glass, or setting a place at the table can help you feel connected to your loved one.

Honouring Your Loved One

Visiting a meaningful place, creating a photo collection, hanging a special ornament or dedicating a light on our Light Up a Life tree can be gentle ways to remember and reflect.

Reach Out

Most importantly, you don't have to navigate this season alone. Alongside our specialist Counselling and Emotional Support Service, our Thursday Support Café and local Bereavement Hubs provide welcoming, informal opportunities to meet others who understand what you may be going through.

Shaping the Future of Hospice Care

Treetops Strengthens Links with Local MPs to Help Shape the Future Model of Hospice Care

Treetops is building stronger relationships with local Members of Parliament to ensure the voices of our patients, families and supporters are heard when decisions are made about the future of hospice care.

Over recent months, we've invited our seven local MPs to visit the hospice, giving them the opportunity to see first-hand the difference Treetops makes to families living with life-limiting illnesses. We've also shared the growing challenges facing hospice care and the increasing need for high-quality support in the community.

One of those engaging with Treetops is Adam Thompson MP, whose Erewash constituency is home to the largest number of Treetops patients. During 2025, almost 500 people in Erewash have received support from our teams. Alongside Adam, we've also been working closely with former Cabinet Member the Right Honourable Geoff Hoon, who has taken a keen interest in our vision for modern hospice care.

Our discussions focus on helping more people receive expert end-of-life care in the comfort of their own homes, where most people say they would prefer to be. By providing specialist support in the community, Treetops operates a very effective and cost-efficient model that helps reduce pressure on hospitals while ensuring patients and families receive the care and compassion they need. Today, we support around 2,000 patients across Derbyshire and continue our ambition to develop a responsive 24-hour, seven-day service.

> **By working closely with MPs, we're not only raising awareness of our services, but we're helping to influence the wider conversation about the future model of hospice care nationally. From advocating for sustainable funding to exploring opportunities to bring hospice care into Parliamentary debate, these partnerships help ensure that the voices of local patients, families and supporters are heard by those making decisions that affect end-of-life care across the country.**

Thanks to the support of our community, Treetops is helping ensure that local patients and families are represented in national discussions, giving families across Derbyshire a stronger voice in shaping the future of end-of-life care.

Furniture Collections

Turn your unwanted furniture into hospice care. Donating your preloved furniture or electrical items couldn't be easier.

Our friendly furniture collection team can collect eligible items from your home free of charge, helping them find a new home while raising vital funds for hospice care in your community.

From your home to our shops

Behind every furniture donation is our dedicated collection team. Van drivers Rob G, Tony, Rob D and Adam, supported by Sue, who manages enquiries and logistics, work hard to ensure every donation is collected smoothly and efficiently.

The process is simple. Complete the furniture donation form on our website, letting us know what you'd like to donate, where we can collect it from and the best way to contact you. A member of the team will then get in touch within five working days to arrange a convenient date.

Each morning, the team head off from the hospice in Risley, driving around Derbyshire to collect generously donated items from our supporters. From sofas and wardrobes to dining tables and electrical goods, every item donated helps support local people and families when they need us most.

Once collected, furniture donations are taken to our Stapleford store, where they are given a second life with a new owner.

> **"Our furniture collection team do an incredible job every day, visiting supporters across Derbyshire and helping turn their generous donations into vital funds for Treetops. Every item collected helps us continue providing our expert care and support for local people and families who need us, and we're incredibly grateful to everyone who donates."**
> **- Mary Shore, Operations Manager at Treetops Hospice**

Items we can collect

Our free collection service is available for good-quality furniture and electrical items suitable for resale. We regularly collect sofas, dining furniture, bedroom furniture, mobility scooters and electrical items.

If you'd like to donate clothing, books, toys or other smaller items, these can be dropped off at your nearest Treetops charity shop.

Find your local shop on our website:
treetopshospice.org.uk/shops/

Ready to donate?
Complete our online furniture donation form today and we'll arrange a free collection at a time that suits you:
treetopshospice.org.uk/furniture-collection

Thank you for helping us turn your unwanted items into specialist hospice care for people across southern and central Derbyshire.

Supporter Spotlight

A huge thank you to everyone who cycled, donated, sponsored and supported the team. Your hard work, determination and generosity help us continue what we do.

As we reflect on some of the incredible support we've received recently, it's clear that every contribution has made a real difference. Whether it's a financial donation, volunteering time, providing services or helping to spread the word about our work, each act of support enables us to reach more local people and make a difference.

Richmond Villages

Richmond Villages Aston selected Treetops Hospice as its Charity of the Year for 2026 after residents nominated and voted for the causes they wanted to support, with Treetops receiving the highest number of votes.

Since the partnership began, residents, staff and the wider community have pulled together and embraced a variety of fundraising activities, raising nearly £4,000 to date. These have included a coffee and cake afternoon, an Easter Wonderland event attended by more than 100 children, Spa Manager Simon's 30-hour cycle challenge, and a Summer Festival that welcomed hundreds of families and visitors. Together, these events have raised important funds for Treetops, while helping to increase awareness of our services.

FUNDS £4000 RAISED

DMS Metering Solutions

Through their regular giving commitment of £200 per month, DMS is helping us provide expert care and bereavement support to local patients and families.

REGULAR £200/pm GIVING

Having been part of the local community for more than 25 years, DMS understands the importance of supporting organisations close to home. Their team was inspired by the compassionate care Treetops provides to local people.

DMS believes businesses have **"an important role to play in strengthening the communities in which their employees, customers and their families live"** by supporting local charities and bringing people together around a shared purpose.

> Andy Eagling and Steve Case from DMS Metering Solutions said: **"DMS is incredibly proud to support Treetops Hospice and the invaluable work it carries out across our local community. Treetops provides compassionate care and support when families need it most, and it means a great deal to our business and our team to play a small part in helping that work continue."**

Want to get involved?

treetops.org.uk/get-involved

Sally

Sally's husband, Dave, was cared for by our Hospice at Home nurses in the final weeks of his life. This support gave Sally some valuable moments to herself while caring for Dave full-time, whether that was washing her hair, making a cup of coffee or simply taking a breath.

"This is my way of saying thank you to the incredible staff at Treetops Hospice. I can never repay the love, care, compassion and dignity they gave to my Dave and to me, but I hope I can give something back so that other families can receive the same amazing support we did.

Wanting to say thank you for the care they received, Sally bravely shaved her head to raise money for Treetops Hospice and The Little Princess Trust.

> "I hope my head shave makes people stop and ask why I'm doing it, because then I can tell them about the extraordinary work Treetops does. Every pound raised will help another family receive the same kindness, compassion and comfort that meant so much to us."

Hotpod Yoga

Hotpod Yoga Derby has chosen Treetops Hospice as its local charity partner, with the collaboration inspired by owner Leah McLaren's personal experience of losing her Dad.

As part of the partnership, our mascot Remy joined them at their new venue opening and Hotpod will be hosting a cool-down taster session at our Moonlight Walk, offering all participants a complimentary relaxation and recovery class to book at a time that suits them afterwards.

> "From the very beginning, my wonderful Dad was one of Hotpod Yoga's biggest supporters. He sadly died in hospital without ever having the chance to receive hospice care. If raising awareness means even one more family can receive the incredible, essential support that Treetops offers, then that's what matters most."

CHARITY NEW PARTNER

FUND £7000 RAISER

Way of the Roses

Ten fantastic supporters completed the iconic 172-mile Way of the Roses coast-to-coast cycling route this summer, raising almost £7,000 to help fund the vital care and support we provide to local families.

> John said: "It was a fantastic weekend spent sharing a demanding journey with a brilliant group of people, all while raising valuable funds for Treetops. Knowing that every mile helps us provide vital end-of-life care, bereavement support and wellbeing services for local people kept us all going."

Among the team were our own CEO, John Knight and long-standing Trustee, Yvonne Hobday, who took on the challenge from Morecambe to Bridlington. The riders were supported throughout by Whittaker Workplace Solutions, whose generous sponsorship included team T-shirts and a dedicated support vehicle. Managing Director, Nick Whittaker, also joined the team and took on the challenge himself.

LIGHT UP A life with Treetops

Shine a light for a loved one this winter

Sunday 6 December 2026 | 4:00pm–5:30pm

Gates open at 3:00pm

Join us for a special afternoon of remembrance, reflection and celebration, as we come together to remember the lives of those we love.

Enjoy performances from local choirs and share this special moment with our Treetops community.

Can't join us outside?

The event will also be shown on screens in the Wellbeing Space, where seating will be available.

Lantern Walk

New for 2026, our Lantern Walk will be a special part of this year's event. Walk together in memory of loved ones and take a moment to reflect as we light up the evening.

Dedications Book

Leave a personal message, memory or dedication on our online dedications page*, creating a shared space to remember and celebrate those who are no longer with us.

*All online dedications will be added to a Remembrance Book available to view from January 2027

We hope you'll join us.
Book your free tickets today:
treetops.org.uk/LUAL

Treetops Hospice Trust is a Registered Charity No. 519540.
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